

# NW Region Compiled Report

## September 2014

### CHNS/CHPS

#### **Miranda**

- WAESC: Presented/Educated School nurses and staff on special healthcare needs- Included links to injuries, (TBI), smoking and its effects on the heart, lungs, and circulatory system. Also provided the group with act 811 information and signage for no tobacco products, including e-cigarettes for their campuses. One on one required trainings for school nurses at 4 different campuses
- Arch Ford Co-op: Educated School nurses and staff on special healthcare needs - Included links to injuries, (TBI), smoking and its effects on the heart, lungs, and circulatory system. Also provided the group with act 811 information and signage for no tobacco products, including e-cigarettes for their campuses
- Your Cares Our Concerns presented to Sebastian County HHI Coalition. Educated coalition members on Shaken baby syndrome, fetal alcohol syndrome, and effects of drugs on the fetus. Education included tobacco and its effects on the fetus and children. Included Act 811 and third hand smoke education and also included car and ATV safety along with importance of immunizations.
- Paris Boys and Girls Club presentation/Logan County: Educated community volunteers on TBI (concussions in sports) and Heat illness and hydration. Included MRSA and communicable diseases, proper nutrition, proper hydration and also discussed smoking and its effects on athletes. Educated on emergency plans for athletes, such as, cardiac, allergic, etc...
- Educated County Line Schools on SHI and assisted with SHI completion
- Attended and presented at Lavaca Public Schools wellness committee/CSH meeting. I presented on YRBS opportunity and the importance of this data. Provided signage for tobacco, including e-cigarette use
- Partnered/assisted with Franklin County Teen Summit: Topics included: Tobacco, alcohol, RX drugs, illegal street drugs, Social Media and safety, Domestic/Dating violence

#### **Nancy Marsh**

- Madison County Tobacco Committee Retreat – planned, made arrangements with site/lunch/snacks, made agenda, made notebooks, and facilitated day long retreat. 10

people attended day-long retreat. MCHC Calendar planned for year. Community partners agreeing to help with work plan for Tobacco Prevention Committee

- Provided Asthma Education/presentation to Greenland Elementary Staff – Profession Development after school
- Madison County Teen Summit for 8<sup>th</sup> graders – 185 students and 38 adults. Worked on planning details; made assignments for volunteers; made color coded group assignments and copied; delivered t-shirts to St. Paul before event; facilitated event; MC of event; when speaker did not show up – worked to provide DVD from You tube for break-out session on Prescription Drug abuse; worked on community donations for event; worked to get t-shirts ordered and delivered; picked up donated ATV helmets from TRAC chairperson; helped clean up event. Summit included presentations on Tobacco Prevention; ATV safety; Prescription Drug Abuse; physical activity session; Spit Tobacco; exhibit area with booths on Health Careers, tobacco and spit tobacco, drunken goggles use; skin cancer prevention – 36 faculty and staff attended.
- Vision and Hearing Training for New Nurses – assisted by Cheria Lindsey: 8 nurses – (2<sup>nd</sup> training this fall – 18 at other training) Included information also on School Nurse Guidelines, Injury Prevention – bike Safety; Tobacco Prevention education and cessation; Suicide Awareness.
- New School Nurse Conference in Little Rock – 3 days. There were about 81 nurses there and there were 12 from NWA! In addition to the regular New School nurse topics like state board of nursing and Medicaid funding – the nurses received the ACH Pediatric Skills training, BMI and Scoliosis Screenings/ Training. I assisted with A-train and batch registering. I worked registration table and A-train sign-in sheets for 3 days and 4 sessions on A-train. I assisted with lunch and snack set ups. I presented on Child Maltreatment. I made Notebooks –Training Manuals for the school nurses from my co-op for BMI and Scoliosis. Attended the TPCP tobacco workshop in Little Rock
- Provided SHI training for Huntsville School District Wellness Committee – they had 10 new people on their Wellness Committee and a total of 20 people attended - Also provided technical assistance in completing their SHI.
- Hosted NWA School Nurse Association Meeting – evening meeting 5-7pm. Made arrangements for event; registration thru co-op; arranged for speaker and food for event – people paid. 16 nurses – 5 districts attended.

## **Cheria Lindsey**

- Participated in day retreat for planning for Madison County and their work plan for the 2014-2015 year

- Assisted hands on with screenings doing the Hearing portion for Harrison High School for approximately 259 students in grades 10-12 and total of 650 plus kids screened for the day.
- Special Health Care Needs training for new para's and new nurses with education also on Quitline and Act 811 and importance of Influenza vaccination for 32 persons at the OUR Educational Cooperative.
- Attended Caregivers Workshop at NAPHE in Harrison and attended topics such as Workplace Violence, Mind Matters, and Healthy Meals without Breaking the Bank, Yoga techniques and Balance in all ages, and Maltreatment and Sexual Assault with those having Developmental Disabilities approximately 150 plus attended.
- Smokeless tobacco presentation that included Smoking and E-cigarettes at the 8<sup>th</sup> grade Teen Summit for Madison County for 185 teens and 23 teachers/staff which included a pre and posttest for the Summit.
- Vision and Hearing Training for 7 new school nurses at the Farmington Educational Cooperative
- Assisted with registration and general facilitation for the New School Conference in Little Rock that included multiple topics for school nurses and trainings such as BMI and Scoliosis with approximately 75-100 persons depending on the training/workshop session. Attended the TPCP tobacco workshop

### **Cindy Jones**

- Presented vision and hearing trainings to a diverse group of school nurses at the Arch Ford Co-op. The target audience was comprised of 17 LPN, ADN, and BSN nurses. During the vision and hearing training tobacco use was discussed as deterrents to health eyes and healthy ears. Hands on vision and hearing machine training were provided at the end of the class discussion time.
- I provided a 3 hour training class to a diverse group of 8 school nurses and paraprofessionals in caring for a special needs student in the school setting. These participants came from Faulkner, Perry, and Pope Counties. During the training tobacco use was discussed regarding the health of the students as well the impact of drugs and tobacco on a fetus while in utero. Tobacco cessation pamphlets, notepads, and pencils were provided to the attendees.
- I partnered with a Teen Leadership Summit for the schools in Johnson and Franklin Counties. I provided the students with education on the following topics: Online safety & social media, drug abuse, dating and relationship violence, tobacco cessation, graduated driver's license and teen driving safety. Students will turn in a poster with the messages they learned, display them in their school for all students to view, then top

picked posters will displayed at the local mass flu clinics so that the community will also see the messages

- Students in grades K-6 from Cleburne County schools were bused in to the fair for a day of learning. The students were provided a demonstration and education utilizing the Reality Works Shaken Baby Syndrome, Drug Affected and Alcohol Affected Infant dolls. Information regarding the use of drugs, including nicotine would have an addictive effect on the fetus. Students were provided a chance to ask additional questions regarding the safety dolls. Information on other services available through the health unit was available to the adults that were with the students.
- Presented to the Northwest Arkansas school nurse association- Discussed the relationship between the area school nurses, the Community Health Nurse Specialist, and the Arkansas School Nurse Association and our combined goal of making the children in Arkansas healthier and better able to learn
- I presented an informational packet to approximately 20 school superintendent's representing Pope, Yell, Van Buren, Conway, Perry, Cleburne, and Faulkner counties. These packets contained information regarding immunizations, flu clinics, e-cigarettes, and what the community health nurse specialist can offer the school districts, particularly the school nurses. Copies of the current immunization laws, the recent e-cigarette law, and a sample of a comprehensive tobacco policy were given to the superintendent's in their packet. One e-cigarette sign was also given to each superintendent.

## **Sarah Brisco**

- Provided Marshall School with the SHI overview and Wellness Requirements for Searcy County School District
- Participated in Madison County Teen Summit- Lead Groups in a Physical Activity Session, Tobacco Session, and informational booths in the summit (135 students)  
Compiled pre and post tests for Madison County Teen Summit
- Presented the BMI PowerPoint to new school nurses at the New School Nurse Conference in LR (approximately 81 school nurses)
- Participated in the Marion County teen Summit- Provided a physical activity for each group (135 participants)
- Updated the CHPS Wellness Strategic Plan for upcoming 2014-2015 School Year
- Met with Principal at Lakeside School in Springdale to discuss upcoming wellness conference at the Farmington Co-op in November
- Contacted each school and school district on the 2014-2015 wellness priority to get an updated list of wellness coordinators for each district

